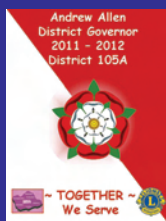


PRIDE OF LIONS



District 105A News

DG Andrew Allen

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A Second Coast to Coast for Ian!

It started in 2010 when a group of Lions from Biggleswade Sandy Club walked from coast to coast along Hadrian's Wall raising funds for Multiple Sclerosis.

We all know that Hadrian's Wall is a "hop, skip and jump" in the world of UK Coast to Coast challenges.

Lion Ian Williamson spent September doing the ultimate UK Coast To Coast – Cycling from Land's End to John O'Groats with his sister and brother-in-law. Such was his enthusiasm for this Project that whilst concentrating on the training, he forgot about fund raising until a month before setting off. He still managed to raise £1,025 for the Ivel Stroke Club!



For the full story see:

<http://www.biggleswadesandylions.org.uk/endtoend.html>

Some interesting facts:

- The official distance at Lands End and John O'Groats is 874 miles.
- Ian's cycle route via the local Railway Stations to and from the Start and Finish points was 1,111 miles and took 18 days, an average of 61.7 miles per day.
- This route included 11½ miles of hills, which is approximately twice the height of Mount Everest. On the bright side, this gave them the opportunity for 11½ miles of free-wheeling downhill.

NOTICE BOARD

Senior Citizens Celebrations at Harrow Leisure Centre
Sunday 5th February 2012.

District 105A Convention at Sattavis Patidar Centre,
Wembley Park, on 2nd-3rd March 2012. Latest date for
all bookings 14th February. Contact Lion Veni Vaghela
on 07940 466204.

*Always
remember you
are unique...
just like
everyone else!*

LCI Purpose:
*To be the
global leader in
community and
humanitarian
service.*



Kingsbury Lions receive awards

Lions Club of London Kingsbury had a visit in January from our DG Andrew Allen. There were a number of Awards presented that evening. It was a joint meeting with Lions Club of Kenton.

Lion Manoj Batuk received an Appreciation Award from the Club for collecting £2,000 through his BP Stations. Lion Vijay Pandya was presented with an Appreciation Award from the Club, for his service as our International Officer to Seychelles (we are twinned with Lions Club Paradise Seychelles). DG Andrew presented both of them with the International President's Pin. He also presented International President's pin to our LP Vinod Pandya.

LP Vinod presented a cheque to DG Andrew for his chosen charity Medical Detection Dogs. While DG Andrew was at it presenting Pins and Banners, he also "Certified" two Lions. Lions Dinesh Shonchatra and Jen Giannoccaro were both presented with "Certified Guiding Lion" Certificates. It has long been said that Lions Club



DG presenting Int'l President pin to our Tin Collector Lion Manoj Batuk



Club Award to Intl Officer to Seychelles
Lion Vijay Pandya

London Kingsbury is "Certifiable", and to prove it 2 Lion members have been duly "Certified". Just for sake of interest, how many clubs have "Certified Guiding Lions", and how many in each club? Maybe we need to open a members club for the "Certified"... food for thought!

Lion Jen Giannoccaro
Vice President
Lions Club London Kingsbury

Lions' Pins Appeal

Have you any Lions' friendship Pins that you no longer require? Or know someone with such pins – so that they can be donated to raise funds for Charity. The British Isles and Ireland Pin Trading Club would like to hear from you.

As in previous years the club will have a table at our forthcoming District Convention and the Club would welcome such pins to be handed in there. The pins will be recycled by being sold for a token amount and all the proceeds will be given to this year's chosen charity – Music for the Deaf. (Last year, from the sale of such pins at various District Conventions, £450 was donated to the Babichi Orphanage Appeal and £150 to St. Dunstan's).

Also available at the Convention will be the Official MD105 Annual Pin which, if you are going to the International Convention, you will need a supply of to exchange with Lions from other Clubs and Continents.

If you are unable to attend our Convention, but have pins to donate, then please contact myself, Peter Claxton (peterclaxton1@hotmail.com) or Peter Carter (carter@waitrose.com), and we will try and arrange collection. Thank you

Peter Claxton
Secretary, Witney Lions Club

Belmont Lions help Street Children

Lions Club of London Belmont presented a cheque at Zone E meeting held on 24th November for the sum of £1,000 to LCIF in aid of the "Street Children".

The cheque was presented to the District Officer by IPP Lion Raminder Sarna in presence of ZC Lion Sunil Patel, and Lions Amin Dada and Dr. Aitzaz Duranni Vivien Ragget.

Commented Lion Raminder: "London Belmont have an ongoing project for the Street Children. It was decided unanimously by the members to present a sum of £1,000 to LCIF for this worthy cause."

Lion Amin Dada

London Host Lions at Great Ormond Street Hospital

Members & friends of London Host Lions Club visited Gt Ormond Street Hospital on Wednesday 14 Dec 2011 and presented Toys and a Donation for the Children to Ms Hayley Richardson, Senior Fund Raising Executive.



From left:
Secretary Lion Girdhar & Pramila Sodha, Ms Hayley Richardson (GOSH), PDG Vijay Arora, Lion Klaus Leist, ZC Lion Cecilia Kos & Lion Jacob Ghazarian.

Water Aid Appeal

Safe water and sanitation are now recognised as human rights, yet 1.2 billion people still don't have access to safe water and 2.6 billion people are without adequate sanitation.

We Lions are committed to help those who are facing such problems. Our partnership with Water Aid has been useful and successful. Water Aid is the UK's only major Charity dedicated exclusively to the provision of safe domestic water, sanitation and hygiene promotion to the world's poorest people.

Lions clubs in our District- I need your help. There are still thousands of families we need to reach in Lions linked projects in Nepal and Malawi. I am appealing to all the clubs and urging you that between now and World Water Day, 22 March 2012, to raise £200 for this project. A message was sent a few weeks ago to organise a function to turn 'Wine into Water' and raise funds. It is a sociable way to celebrate the water we have and raise funds and awareness for those without. It is vital for the health, wellbeing and dignity of these people..

I sincerely hope that you will support this life changing work. Thank you very much.

PDG Ram Jaggi MBE
District International Relations Officer

Abingdon looks to the grass roots

With the environment a main topic of discussion at the moment Abingdon Lions looked for opinions to those who will be most affected in the future – primary school children. Lion Steve Stephens came up with the idea for setting up an Environmental Competition for the children, dependent on age, to write an article on protecting, or improving the environment. Or, for the youngest children, to draw a lion, or a pride of lions, with prizes being awarded in the form of a contribution to a school's environmental projects for sums of £200, £100 and £50.

There was some attractive and thoughtful work submitted with the top prize awarded to a ten year old girl for a mature article on the School environment. The winning Lion drawing was created by a four year old girl! Many other children from each school were awarded Certificates of Merit. The Club hopes that a similar venture can be undertaken in 2012 to involve more children in awareness of their environmental needs and the work of their local Lions Club.

Lion Frank Allen
President, Abingdon Lions

From the Editor

Once again, this issue is full of articles about the variety of service activities that Lions undertake to help the less fortunate. Writing out a cheque is easy, but to cycle from one end of Britain to other, or to collect money by shaking tins is very difficult. Lions do these things, and hopefully inspire many others to follow. And all, because as Lions.... We Serve.

If you have a story to tell about your Club, send it in and let us share and learn from each other.

Lion Shirish Sheth

Peace Poster Winner

I am delighted to tell you that Peace Poster sponsored by Berkhamstead Lions Club has won the overall MD Peace poster competition for 2011-2012.

Congratulations to the young artist Kate Saunders and Berkhamstead Lions Club.

Lion Himanshu Bavaria
District Peace Poster Officer



Funds for Juvenile Diabetes Research Foundation

On Tuesday 17th January, IPDG Martin & Jill were invited by the fundraising team at the Juvenile Diabetes Research Foundation to attend their annual awards evening. This was at the Law Society in Chancery Lane, London. JDRF hold this evening to thank their supporters who have helped them both financially and by volunteering at their events.

We were awarded a certificate for 'Outstanding Achievement' for the amount of money (the final amount was £11,600) raised by the Lions in this District. Hannah Scott (who spoke at last year's District Convention) told the audience of about a hundred people about Lions and why this charity was chosen by us.

We were also given Volunteer Certificates as we had helped out as marshalls at the JDRF sponsored run/walk in London's Regents Park last September.

Thank you all again for your support for JDRF in the year 2010/2011.

Martin & Jill





DG Andrew's Anecdote



My half term report... The roller coaster goes on hampered by bronchitis and missed Club visits, which will be made up one way or another.

Planning for Convention goes on at a fast pace and the District Convention Officer PDG Ken Rouse along with the Convention Chairman Lion Veni Vaghela and the Zone D Teams, are working very hard for the members of District 105A so that they enjoy the day. Part of the Convention will be to reward Lions who have had very good year and to this end I've asked the Zone Chairmen to nominate a person from each Zone to recommend such Lions... perhaps a little help from yourselves would assist us in those deliberations.

Tree planting goes on a pace and my pledge, on behalf of our District to plant 200 trees has been easily surpassed and from reports we are already over 2,000! Certificates will be awarded for such activity, a reminder would be most useful.

We are being asked by the Multiple District to really promote our Signature projects of LEHP (Lions Eye Health Programme) and YLIS (Young Leaders in Service). To this end a Training day has been organised for the Zone Chairmen on the 11th March to get all up to speed with the latest details. On the same day, a workshop will also be held for those Clubs who, it is thought would benefit from a 'helping' hand as far as recruiting new members. Invitations will be sent out in the last week in January.

I was invited, along with Lion Margaret Rouse, to join Lion Doreen Carr and her Leos with their annual trip for disadvantaged Children in Ilford. This is the second time I've been fortunate with such an invitation... each adult is 'allocated' three such kids to 'look after'... Last time one of my charges suffered ADHD and kept moving from the auditorium to the toilet every 15 minutes. This time it was all about noise and who could eat all the goodies they had been supplied with as quickly as possible... my ears recovered some three days after the event. What a superb evening put on by our Leos. A huge well done to all 34 members of the Robert Clack Leo Club and their advisor 'Mum' Doreen.

Our District Project, the Senior Citizens Celebration celebrates its 12th year. From the figures I heard a few days ago we were

very nearly a 'full house' for this year. Apart from last year I've been able to go to all of them. It is a wonderful day for so many Seniors and for many, this is their Annual treat. Looking around there are lots of Lions who also qualify to be a 'guest' but are fit and able to SERVE. My thanks to all the Team and those Clubs who support the event.

Health & Safety issues are again on the agenda. This has arisen from a Club who did not complete the Risk Assessment, but had a small issue on the day. As no risk assessment was done, the Insurers are livid to say the least. A reminder was sent out in the form of a questionnaire, some weeks ago... so far we have less than half returned and it is imperative we have a 100% return and then we know that all Clubs are aware of their obligations. Each Club and its members are liable, not the District nor the Multiple District nor Lions Clubs International. Two illustrations of this fact happened in the same town in our District. A Lions Club organised a half marathon in which one of the competitors had a heart attack and died on the street. Almost the first requirement from the police was for a copy of the Risk Assessment, which they send to the National Health and Safety Executive – the document was supplied immediately and there was no further action against the club. The second incident was not a Lions club, but another national organisation. A stray firework went into the audience. Fortunately there were no deaths but there were burns and trauma. The organisers were heavily criticised by the HSE and the event has now been cancelled. The organising club is being held responsible and the case is continuing. The assessments take but a few minutes, and lot of help is available. However the possible court cases if a Risk Assessment is NOT produced can keep you tied up for years.

I put out a note about those Clubs who will be involved with the Olympic Torch carriers just prior to the Games and that the MD have available a grant that could help defray some of the costs... so far I've had the one enquiry... there could/should be a lot more.

Keep well and warm.

Andrew

The trouble with work is... it's so daily!!



LP Vinod Pandya presenting DG Andrew Allen with a Cheque 101 for Medical Detection Dogs

My Diary February 2012

Wed 1 OV Southall
Thu 2 OV Ldn Central
Sat 4 CA Seven Kings
Sun 5 SCC Harrow
Mon 6 OV Southgate
Tue 7 OV GWT
Wed 8 OV Winslow
Thu 9 OV Loudwater
Sat 11 CA Tring
Sun 12 Swimming Gala
Zone C

Mon 13 OV Hadleywood LC
Tue 14 OV Swiss Cottage
Wed 15 OV Belmont
OV Lunchtime Ldn Host
Fri 17 Lioness Conference
Elstree
Sat 18 Lioness Conference
Elstree
Tue 21 OV Stevenage
Wed 22 OV Watford
Thu 23 Quiz Final
Fri 24 CA Stanmore
Sat 25 CA Ruislip
Mon 27 OV Stevenage C M
OV = Official Visit