

# PRIDE OF LIONS



District 105A News  
DG Andrew Allen

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## Carterton Lions honoured by The Queen

**C**arterton Lions are delighted to confirm that they have been awarded the Queen's Award for Voluntary Service (QAVS) in this Jubilee Year, 2012. The QAVS is described by the Cabinet Office as "the MBE for volunteer groups".

The Club was formed in 1985 and all their current 24 members (male and female) have the clear aim of working together to benefit their local and the wider community - achieving goals together which they could not do as individuals. They provide a broad spectrum of service and support activities supported by appropriate fund-raising in Carterton and the surrounding towns and villages.

The QAVS process began in September of 2011 when the Rev. Bill Blakey of St John the Evangelist Church in Carterton nominated the Club. The application underwent rigorous scrutiny at various levels including the President of the Club, Lion John Radburn, being interviewed by senior officials. The Club has now been informed that the Award has been granted and a scroll has been signed by the Queen herself in readiness for presentation to the Club at a suitable time by the Lord Lieutenant of Oxfordshire.

We would particularly like to thank everyone in Carterton and the surrounding area for their continuing support for our various projects, without which this award would not have been possible.

## Belmont Lions' Tribute

**L**ions Club of London Belmont presented a cheque for the sum of £2101 to Royal Free Charity in memory of their Past President and Charter member, **Late Lion Satyen Kabra** - PMJF. It was Lion Satyen's sincere wish that instead of the flowers at his funeral, a donation be made to this charity.

The funds were collected at his Funeral and at the Tribute Dinner held by the Club to celebrate his life. The Club also contributed towards this worthy cause.

Lion President and all the members of London Belmont would like to sincerely thank all the Lions in the Zone and District as well as Late Lion Satyen's friends and family for their generous donations.

The cheque was presented at the Club's Business meeting to the Chief Executive of Royal Free, Mr Chris Burghes in the presence of Zone E Chairman, Lion Sunil Patel by Lion President, Raminder Sarna. Lion Hema Kabra, Charter President, Lion Amin Dada and Ms Rashmi Kabra were also present.

Lion Amin Dada



## NOTICE BOARD

### Lions Youth Exchange Programme

We need host families for 4 more youths so please get in touch with me ASAP. Lion Raza Ismail (Lions Club of Hornsey)

### International Dues

A resolution to increase International Dues to be phased in over two years was voted and approved by the membership at the International Convention. The Dues increase will be effective July 1, 2012.

### Used postage stamps for hearing dogs for deaf people

The Charity Hearing Dogs for Deaf People are seeking Used Postage Stamps. Money raised from this Project goes towards funding the training of dogs to become 'Hearing Dogs.' Contact: Lion Penny Tregillus (Dist. Speech and Hearing Officer).

### LCI Purpose:

*To be the global leader in community and humanitarian service.*



## Lions Golf Day



Ram Jaggi and Elliot Shubert trophies were played at the Lions Golf day on 1st June 2012 at Stanmore Golf Club. 32 golfers had a fantastic round of golf. The weather was warm and dry and the golf course was in excellent condition. All the golfers came back happy and some had really good scores while others not so good but overall everyone had a great time. The overall winner was Lion VirenHindochoa from Lions Club of Sudbury. Besides his individual prize Lions Club of Sudbury's name will be engraved on the Ram Jaggi trophy. The Elliot Shubert trophy winner was Lions Club of Edgware – the best team score by Lion Jay Shah and Lion Suresh Mehta. The Lions runner up was Lion Sanjay Shah from Lions Club of Mill Hill. Nearest to Pin was achieved by Lion Suresh Mehta of Lions Club of Edgware. The Longest drive was achieved by Lion Dilip Mandelia of Lions Club of Chipping Barnet.

Lion Ramesh, District Golf Officer, welcomed and thanked District Governor Lion Andrew, 1st VDGE Lion Sarbjit Assi, PDG Lion Elliot Shubert, PDG ParveenVerma and all the Distinguished Lions, fellow Lions and Guests and especially the 4 ladies who played in the competition.

The District Golf Day was a great success and all the Lions who participated commented that they would like to have more golf days arranged. Those who attended the evening Bollywood function had a great time eating, drinking and dancing with the entertainment by Jay Kumar & Party.

**Ramesh Parmar**  
District Golf Officer 2011-2012

## Covent Garden Family Health Fun Day

Lions Club of London Covent Garden joined force with the Haringey Chinese Community Centre to hold a 'Family Health Fun Day' aiming to promote healthy living to the Chinese Community. We invited a team of medical professionals to give talks on 'High blood pressure and Stress Management', 'Food and drink that prevent cancer'; and a beautician who gave heaps of advice on how to keep skin looking radiant through natural healthy diet. The speakers delivered the topics with considerable humour and brought tremendous laughter from the audience.

The day started with a scrumptious lunch prepared by the cooks at the Centre. After the talks, the attendees were able to have their blood pressure and BMI checked by qualified health professionals. In addition, there were also a muffins making demonstration. The attendees were treated to the delicious freshly baked blueberry muffins, apple & pecan muffins and banana muffins. The event ended with a raffle draw so most attendees went home not only with raised health awareness, but with gifts and prizes. What an enjoyable fun day for all the families!

**Lion Rowena Barry**

## Teddington Lions Club Closure

I am sorry to have to inform you that, after 25 years of service to the local community, Teddington Lions Club has made the regrettable but inevitable decision to close on 30th June. Membership has declined to the extent that the demands on individual members have become too great, and it has proved impossible to recruit new members.

The club has some assets for which it would like to find a good home. These include our Father Christmas sleigh, a coconut shy, a gazebo, a roll-a-coin stall, a pick-a-ticket board, etc. Any club interested in any of these items is invited to contact the Secretary of Teddington Lions Club on 020 8943 3762 or [graham.shortell@blueyonder.co.uk](mailto:graham.shortell@blueyonder.co.uk).

**Lion Graham Shortell**  
Secretary



## Making water go a long way



Often simple ideas are the best and they can be most easily rolled out in different areas. Whistlers Restaurant in Chipping Norton, which I can recommend for its food and friendly ambience, has initiated a scheme which raises funds for local charities from the simple idea of an optional charge on tap water served in bottles. As can be seen in the photo the bottles have a label attached which states that unless requested otherwise, 50p will be added to the bill and shared between the Lions and Emma's Trust, which is a well supported local charity that helps young people develop in performing arts and sports.

Chipping Norton Lions Club recently received a cheque for £280 and in addition to raising funds there are welcome benefits in making the Lions more visible. We are very grateful to Whistlers for promoting this initiative and the proprietor, Jean Main, says she will happily answer any queries other clubs may have. Their phone number is 01608 643363 and the website [www.whistlersrestaurant.co.uk](http://www.whistlersrestaurant.co.uk). I will of course be happy to discuss the scheme too.

**Lion Graham Raven**  
g.raven@sky.com • 01608 645134

## Witney Lions say "It Pays to Advertise"

Our club president when he took office last year said "A key objective that I have decided to adopt during my year in office is to attract new members to our club. Although we have 26 members, our average age is over 60, a problem that we share, with many other clubs both in this country and abroad".

To support his objective we undertook an advertising campaign, which has produced five enquiries about joining the club in the last two months.

Further information on the campaign can be found on our website [www.witneylions.org.uk](http://www.witneylions.org.uk)

## A Night at Aylesbury Races for WheelPower

Since 2005 we have been holding a Bowls/Quiz night in the Bowls Centre at Stoke Mandeville Stadium in aid of WheelPower.

In 2011 the Bowls Centre was closed. We had lost our venue and our fund raising opportunity with it, until Lion President Ron Syrratt (Aylesbury Lions Club) came to the rescue with a new venue, the Buck CC Sports and Social Club Main Hall. Lion Roy Tebbutt came up with the Race Night equipment, courtesy of Ampthill Town Council and a host of Past, Present and Future District Governors turned up on the night to support this traditionally relaxed WheelPower Fund-Raising evening.

Not everyone realised how involved they were going to be; the Ampthill Racing Solution depended in Flintstone technology, with the only concession to the twentieth century being the use of rubber in the manufacture of the dice. This didn't deter this stalwart audience; they knew that there would be an energy replacement break when the fish and chips arrived at 8:30. It became apparent that one particular syndicate was having an unusually successful evening but a meeting of the course stewards concluded that as DG Andrew was involved everything was honest and above board.

A quick check at the end of the evening established that the evening had raised about £450 for WheelPower and a good time had been had by all.



## From the Editor

Though it hardly feels like summer, this summer will be a very busy month for Lions. In July, we will be saying bye to the current leadership at the District and Club levels, whilst welcoming the new teams in all the Clubs and of course at the District level. London Olympics will finally be here, and Lions

will be doing their part by carrying the torch of Lionism wherever possible.

Best wishes to all the outgoing teams and good luck wishes to all the incoming leaders of Lionism.

**Lion Shirish Sheth**



# DG Andrew's Anecdote



The time to recollect as the year draws to an end... **BUT** before then...

... An English Lady, Clare Ruby, is in training for a special swim to raise funds for our Association, in particular **The Measles Initiative**, 'One Shot One Life' in conjunction with the Bill and Melinda Gates Foundation. She will fly to San Francisco from London and then, on Friday 29 June, starting at around breakfast time - 09:00 swim from Alcatraz to the coastline of San Francisco. The swim is 2.5km (1.5 miles) through water that is around 14°C. Contrary to myth though, the water may be cold, but there are no sharks in it!

Clare has always been a keen swimmer, and is half way through her training to become a qualified swimming instructor. In a previous swim Clare raised the Euro equivalent of £10,000 for a local hospice by swimming across a lake at the RAI exhibition centre in Amsterdam so she is familiar with the rigours of distance swimming.

She completed the Great London Swim at the end of May, in London's Docklands, and her training schedule has begun in earnest for both planned swims. More detail is being sought as I type as to how we can support Clare in monetary terms. Clare will set up the page for us - probably on the Justgiving website - and keep it updated with details of her training etc. together with pictures and links into social networking sites. For more details go to [www.harrowandpinnerlions.org.uk](http://www.harrowandpinnerlions.org.uk).

...the past eleven months have flown by. The car has done some 27,000 miles most of it on the M1. In spite of trying really really hard I've managed to add a few pounds but I've joined a walking Club here in Milton Keynes to reduce the addition plus a whole lot more .

The start in Seattle was memorable, the first time in the white jacket, afraid of accidents! A medal of Honour for Louvain from the then International President Sid Scruggs... a huge laundry bill of U\$450 over the time there, having to buy an extra case to carry back all the extra's.

In between times the charity **Medical Detection Dogs** benefitted from cheques of over £8,000 in lieu of flowers and with gift aid this increased to £9,500 - our esteemed Treasurer

tells me that there is another £8,000+ in the pot for presentation at Handover. **Youth Exchange** brought yet another set of highly talented youngsters from all over the world. **Tree Planting**, my pledge of 200 for our International President was easily surpassed and the last figure was in excess of 4000. The **Cenotaph Parade** and the **Lord Mayors Show** provided much needed publicity and exercise.

Our entry for the **Peace Poster Competition**, a truly exceptional painting by Kate Saunders sponsored by the Berkhamsted Club was even better than that... it was judged to be in the top 25 from a worldwide entry of over 350K, no photograph or reproduction does it justice.

The **District Youth Celebration in Elstree**, what an outstanding event run by PDG Vijay Arora and her team. The **Senior Citizens' Celebration**, attendance reduced by 'the white stuff' but that meant more time for our guests, organised by PDG Parveen Verma et al.

**Convention** enhanced by presentations from Dr Paul Whittaker from Music and the Deaf, Lion Geoff Lambert on Medical Detection Dogs and of course PP Lion Bill Biggs, what a combination so that we all could leave with additional enthusiasm.

Our **Signature Project** needs revisiting as a tool to promote service and to gain membership with two excellent items. There are so many different Lions who really deserve a very Special mention but it would be wrong to mention names, I'd hate to miss anyone

**Membership** is really becoming a worry, we are good at recruitment whilst appalling at retention, a problem that still needs urgent attention. Whilst we recruited over 100 we are at a negative figure of over 40 and that is with a new Club **London White City**, they have their Charter Presentation in mid June. Sadly the **Walthamstow/Redbridge/Oxford Isis** and **Teddington Clubs** will close their doors at the end of the year with several members transferring to other local Clubs.

Thank you for your Hospitality, Friendship, Fellowship ,Love and understanding towards a very memorable year keep well

Andrew

## Speech and Hearing Projects

Lions Vijay Arora and Penny Tregillus attended the Community Network Road Show in London on Friday 25th May. They manned a Display Stand which publicised Message in a Bottle and all Speech and Hearing Projects. There was lots of interest in these as well as enquiries about membership and "Who are the Lions and what do they do?"



Lion Penny Tregillus  
105A Speech and Hearing Officer

## My Diary June 2012

Sat 2	CA Abingdon	Tue 12	OV Moor Park
Sun 3	Queen's Jubilee Celebration Witney	Wed 13	OV Stanmore
Tue 5	OV Tring	Tue 10	OV Seven Kings
Thu 7	OV Barking Garden	Wed 11	OV Covent
Fri 8	CA Witney	Sun 22	July Handover
Sun 10	CA Northwood 25th Anniversary	MK	Doubletree
Mon 11	OV Hendon	OV =	Official Visit