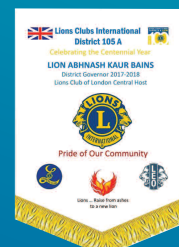




Pride of LIONS

DG Abhnash Bains



Issue 5 • November 2017 • District 105A News

www.lions105a.org.uk info@lions105a.org.uk

Charity concert fundraiser by Lions Clubs of Kenton and Stanmore

Every eight hours in the UK, someone is paralysed by a spinal cord injury. The Spinal Cord Injury Centre at Stanmore is one of only eleven in the UK designated to receive and treat spinal cord injured patients. They aim to give patients the initial skills so that they are able to return to a regular life as soon as possible. The focus is on occupational therapy, physiotherapy and counselling to provide appropriate specialised requirements of spinally injured patients.

The Aspire Centre is the first leisure Centre in Europe for both disabled and non-disabled people. It is a non-profit making organization with no statutory funding. Currently about a third of the members are disabled.

The Harrow Apollo Male Choir entertained us with songs from Stage & Screen – with kind assistance from Harrow & Pinner Lions – We were delighted to have the support of our DG Abhnash Bains, PDG Vijay Arora, PDG and DS Ramesh Parmar. District Officers Karanjeet Assan, Satnam Loyal, ZC Lesley Spence and Lions Ayn and Sanjay from Kingsbury Lions.

Kenton LP Sulochana Sethi and Kenton members Lions Shilpa, Rhea and prospective member Renu, along with members of Harrow & Pinner Lions assisted in the kitchen with serving refreshments in the interval.

£1,100 was raised on the night to be split between both the Spinal Injuries Unit & Aspire Centre.

Lion Vivien Ragett



Life Skills project launched



Monday, 25th September, saw the launch of Life Changes 2, Loss, Change & Bereavement for the 11 to 16 year old. This is the latest product to be developed by the Trustees of Lions Life Skills.

The launch, hosted by James Cleverly MP, President of the Palace of Westminster Lions Club, took place at Portcullis House, Westminster, in the presence of our Patron, HRH Sophie Countess of Wessex. DG Abhnash, who was much involved with Life Skills over the past few years was also in attendance.

Past Leo President Chanel Vigille, from Sydney Russell School in Dagenham and representing Fairlop Leo Club was also present. Fairlop Leo Club raised funds to provide children affected by the Grenfell Tower Disaster with back packs that were filled with school materials to replace items lost in the disaster. The Lifeskills Trustees felt it appropriate that they should be represented in view of their contribution. The Countess of Wessex was most appreciative of the project the Leos had completed and also took time out to chat with Chanel about the difficulties of young people losing loved ones and dealing with loss.

The Stock Exchange Veterans Charity Association have generously provided £7,000 to enable a copy of either Life Changes or Life Changes 2 to be donated to each primary and secondary school in the Royal Borough of Kensington & Chelsea, scene of the tragic Grenfell Tower disaster. Fairlop Leos and the new Beal Academy Leos will both receive a copy for use in their Schools curriculum.

Leo Irfan, Secretary

NOTICE BOARD

Lions passed to higher service

Lion John Dickinson of Witney Lions Club passed away on Friday the 3 November. He had been a Lion for 38 years and had been President twice and a member – and often Chair – of our Welfare committee for the majority of his time in Lions.



LCI Purposes:

To organize, charter and supervise service clubs to be known as Lions clubs.



DG Abhnash's Article



I would like to thank my family of Lions that include Leos, Lionesses and above all Partners without whose support we cannot succeed. *"Chance made us colleagues, our goals made us comrades"*

I would also like to take this opportunity to thank clubs who have invited me to their clubs meetings, charters and Zone quiz. I have been made to feel very welcome and have enjoyed my visits. The Zone C Quiz was won by Hounslow and Fulham lions club.



The cabinet meeting on the 15th of October with partners and the meditation session delivered by Nalini was enjoyed by them. My thanks go to Nalini, who is a wonderful therapist, Arnawaz for hosting the partners and to Ken, my long suffering sergeant-at-arms who makes sure everything functions smoothly.

I attended the Chinatown Charter on the 21st which was a fun filled event where I had the pleasure of meeting old friends and new. I was introduced to their new members including Jeremy. He will be going on the Leadership Symposium in December from our district.



27th -29th of October was the Council of Governors meeting, where various projects and other events effecting the MD were discussed. The major discussion this time was that District C has withdrawn their original appeal. District C has put in a new challenge on the voting procedure at MD Convention on the issuing of voting slips to non-delegates. This is being looked into at the moment, will keep you updated.

After the meeting I drove down to Olympic SOGB Athletics where I met our volunteers from 105A and Simon Smith the coordinator.



I am pleased to say that we are applying for two projects for funding. The Aviva community fund for The Senior Citizens Party and The Grenfell Fire Tragedy. I have been encouraging members to vote which takes just about 2 minutes but without great success. As a result I have used personal and business contacts to encourage votes when in theory we with over 1200 members could easily have achieved more than the votes required. 10 votes per person would have made over 12,000 votes at a click of the utton and that would have brought us the very publicity we seek. We would no longer have been "LIONS THE BEST KEPT SECRET". I know it is difficult to do things differently when we are used to doing it one way. I attended London Central Host meeting where I encouraged the members

to vote for our district project.

London Finchley held a Diwali party on the 3rd of November where a cheque was presented to MacMillan Cancer Support. It was raised through the efforts of Viresh Paul and Vijay Jain. At the function I met a lady Rakhsika who, although not a Lion, was keen to help in any way to raise money for cancer as she had close family and friends effected by this. As both my parents and close friend died due to this I will be looking at how we can make this a district project.



Our GMT, GST and GLT are working together and I have high hopes as these three very senior Lions as well as past DG's who with their combined experience knowledge will I am sure take our district to the next level.

I have received report from DO Steve Foott regarding the status of the clubs in our district which is of concern. I will be discussing with the DG team and the GST,GMT and GLT to see what we can do to help them.

If any clubs are having problems on reporting their activities on the LCI website please ask Steve and I am sure he be happy to help.

Above all, I would like to thank each and every one of you for working hard for your communities in all climates and as for Lions, you do deserve an accolade. *"Helping hands are better than praying lips"* - Mother Theresa

DG Abhnash Bains

Welcome new Lions



Lion Sangeeta Bhandari and Lion Renu Sharma, both sponsored by LP Sulochana Sethi.

My Diary November - December 2017

NOVEMBER

- 2 London Central Host Lion Meeting
- 3 London Finchley Diwali
- 5 Lions Winter Forum
- 10 45th Charter Meeting LC Tring
- 11 Lions Club Wembley
- 12 Lions Remembrance Parade London
- 13 Hendon Lions Club
- 18 Enfield Charter Meeting
- 19 Lunch at Stevenage Golf Conference Centre
- 22 Lions Peace Competition Shri Swaminarayan School, Neasden.

- 23 Zone M+N Meeting
- 24 DG Meeting
- 25 Barking Lions Club Ilford
- 26 Youth Event, Elstree

DECEMBER

- 4 Lions Club of Mill Hill
- 6 Lion Club Meeting Aylesbury
- 11 45th Charter Meeting High Wycombe
- 13 Redbridge Lions Club
- 15 Lions Club Wanstead
- 17 Fairlop Lion Club
- 29 Doreen Meeting

OV = Official visit