



Pride of LIONS



District 105A News

DG Meena Gupta

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Biggleswade Sandy Lions help the hard of hearing

Many people who suffer from being hard of hearing, attend meetings in premises where there is no 'Hearing Loop' system. Hence they are unable to hear all that goes on and feel left out.

Ken Lynch attends a lot of meetings in his role as a leading local Deaf Awareness volunteer. He is very aware of the number of local venues that do not have hearing loops to enable the hard of hearing participate fully in the meeting. So when he learnt about 'Roger Pen' a cutting-edge wireless microphone that enables people with hearing loss to hear and understand more speech in loud noise and over distance; he asked for help in getting one.

Biggleswade Sandy Lions were pleased to purchase the speaker, as part of our Deaf Awareness Project, and The British Legion purchased the microphone.

Ken says this new device has completely changed his life, he can now attend meetings, hear everything that is being said and take an active part in the debate.

Lion Steve Foott



LP Keith Lewis donating Roger Pen

Lions planting trees...



Trees for Cities partnered with the Borough of Redbridge and Vision RCL to plant a traditional apple orchard in the Roding Valley meadow in Redbridge. The orchard is designed as a traditional, mixed variety orchard using varieties that have a heritage link to the meadow's old Victorian pumping station. The new orchard will provide both free fruit for the local community and vital habitat for pollinators and other invertebrates.

Members of Fairlop Lions, Stony Stratford Lions and Fairlop Leos Club were there as part of the volunteer team planting 30 new mixed variety fruit trees on the community planting day on the 23rd January. This is a follow on from the original planting in January 2013.

We were provided with tree planting training and experience and had live music, children's craft and face painting activities and refreshments – very welcome on a cold day!

...and Fireworks

For a number of years Fairlop Lions and Leos help at the Barnardos Firework Display held at Barkingside Recreation Ground. They help marshal the site, sell glowies and collect the entrance money, raising this year over £4,000 for local youth projects. This year two Lions, three Leos and friends volunteered.

Lion Paul Chakravarti

NOTICE BOARD

Welcome new Lions

Lions Club of Bedford
Lions Club of Harrow & Pinner
Lions Club of Uxbridge
Lions Club of Wanstead & Woodford
Lions Club of Winslow

Lion Madelaine R. Gamble
Lion Sukhdeep Kaur Loyal
Lion Chanda Patel
Lion Naomi Gnanedran, Lion Ameeta Puni
Lion Bindesh Shastri, Lion Subramaniam Yogadva
Lion Aamir Noordin

Lions of District 105A welcome all the new Lions.



LCI Ethics:

Always to bear in mind my obligations as a citizen to my nation, my state, and my community, and to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labour and means.

District Young Ambassador Final



Left to right: Evie, Tess and Sam, DG Meena, Amrit, Mike and David

The District Young Ambassador Final took place on January 17th 2016 at the Thistle Hotel, Heathrow.

There were three exceptional candidates with diverse community volunteering activities. A completely new non-Lion Judging Panel of Michael Udall, retired Head teacher, Dr David Levy, Diabetic Consultant and Amrit Rana a solicitor had the difficult position of choosing one of the three candidates to go forward to the MD Final in Dudley next month.

Sam Glossop sponsored by Royston Lions, Tess Bettle sponsored by Leighton Buzzard Lions and Evie Foster sponsored by Fairlop Lions each gave a timed presentation on their volunteering and use of the £500 District Bursary followed by an individual interview by the Judges and then a repeat Presentation by each candidate to the District Cabinet Officers.

After much deliberation the winner was announced – Evie Foster who will be our District candidate. She will also attend the 105A Convention in March. My thanks to all who made the afternoon a success ...and a reminder the search for next year's candidate starts NOW.

Young Ambassador Officer Doreen Carr

Unwanted Lions pins for charity

Have you any Lions friendship pins that you no longer require – or know someone with such pins – so that they can be donated to raise funds for Charity? The British Isles and Ireland pin trading club would like to hear from you.

As in previous years the club will have a table at our forthcoming District Convention and would welcome such pins to be handed in there. The pins will be recycled by being sold for a token amount and all the proceeds will be given to this year's chosen charity – Hearing Dogs for the Deaf.

Also available at the Convention will be the Official MD105 Annual Pin. If you are going to the International Convention, you will need a supply of to exchange with Lions.

If you are unable to attend the 105A convention, then please contact myself, Peter Claxton (peterclaxton1@hotmail.com) or Peter Carter (carter@waitrose.com), and we will try and arrange collection.

Lion Peter Claxton

Member of the Pin Trading club and Secretary of Witney Lions Club

Indian Eye Camp

Lions Club of Wanstead and Woodford held an Eye Camp in India last November.

The photo shows Dr Jacob from Ruby Nelson Hospital performing an eye operation assisted by the Anesthesia Machine donated by Lions Club of Wanstead and Woodford.

Lion President H S Virdee



Kenton Lions host DG Meena

We welcomed DG Meena to our Business Meeting on 12th January. She presented our LP Ravina with the 'LCI Club Membership Satisfaction Award' for 2014-2015 along with an 'LCI Member Sponsorship Award' for sponsoring 4 new members into our club over the past year.

Kenton is happy to say that we now have 17 members with another 2 to be inducted shortly bringing the total to 19 by the end of February! DG Meena thanked us for our work in the local community and welcomed our new enthusiastic ladies into our family of Lions and urged us to guide and encourage them to be the next Lion Leaders.

We aim to be more proactive in our community by telling prospective younger members about our excellent District projects such as the Adopt a School, Leaders in Service, Peace Poster, Young Ambassador and Music Competitions. This will ensure a continuation from the foundation that our older members have created over the past 15 years.

Lion Vivien Ragett

From the Editor

One complaint I get about POL, is that Clubs are not receiving their copies of POL in time for the first meeting of the month. The reason for this is that I do not get articles sent in time. For years I have said at Cabinet meetings, as well as through POL, that the deadline for receiving articles is the 25th of the preceding month. Yet, I receive many articles AFTER that date. Thus I have to wait and the publication gets delayed.

The other complaint I receive is about the number of copies that are sent to each Club. Again this has been discussed at Cabinet meetings a few times over the last couple of years. The District Officers present as well as the Zone Chairs were asked to check with each Club, if they needed fewer copies. In the last 4 years I have had only 3 Clubs requesting fewer copies.

Lion Shirish Sheth

Fun at Hemel's Charter evening

Lion President Carol Smith wanted to have inject some fun at Hemel Hempstead's 55th Charter. A whistling competition was organised and volunteers were asked to come forward. What they weren't told, was that volunteers had to eat two very dry cream crackers first, and then whistle! Guests certainly went away laughing.



Lion Willie Martin and PDG John Savell doing their best to whistle

Peace Poster Winner

The Peace Poster Final was held on Monday 16th November at the Chilterns MS Therapy Centre, who hosted the event and kindly gave their atrium free of charge. The contest was attended by a number of Lions from High Wycombe, Fairlop, Stoney Stratford, and Hemel Hempstead. DG Meena and last year's MD Peace Poster winner Jessica Rizova were in attendance to admire all the other entries and congratulate the winners. Appropriately the club with the most attendees, High Wycombe, won the District Competition with an entry from Gemma Warburton of Princes Risborough School. The paintings were judged by local artist Philip Worth, who has had paintings exhibited at the Barbican, amongst other well known venues.

The High Wycombe painting was chosen from 49 entries, and the runner up Anna Burgess from Royston LC chosen from 120 entries. Third place was awarded to Oliver Dimauro from Ruislip LC.

The young people will receive a cheque for £100, £75 and £50 respectively. My thanks to the clubs who entered the competition and to those who tried but weren't successful.

We now move to the Music Competition and the good news is, that we already have one entry from the district so far. Thank you to Lions Club of Bletchley MK. We still have until mid February to get more entries. This competition has been known to give budding young musicians a real boost to their careers.

Lion Terry Allen

Lions of District 105 A who have passed to higher service:

Lions Club of Southall: Lion Dhansukhlal H. Gandhi
Our condolences to the family.

Last chance... to enter District competitions

There are still few competitions which clubs can enter and win a trophy at the District Convention.

1. Club Website Competition

If your club would like to enter the District Website Competition, please email PCC Geoff Leader on international@lions105a.org giving contact details of the person responsible for the club website.

2. Environmental Award

Please go on the District Website and look at the criteria and send a photo size 10 x 8 ins to Abdul Bux on arbux@aol.co.uk. Or phone him on 07860767025.

3. District Diabetes Awareness Trophy

The purpose of this trophy is to encourage clubs to participate in promoting the diabetes awareness and not for the club which has carried out the greatest number of screening events. If your club has promoted diabetes in any way, speak to District Diabetic officer Lion Kirit Sonigra on 07762786625 or email kiritsonigra@hotmail.com.

4. District Club of the year for Service in the Community

This competition is based on the activities carried out by your club throughout the Year. Points are awarded for each activity and the clubs scoring the highest number of the points will win. There are various other ways your club can get points. Please visit the District Website.

All entries to be sent to PDG Lion Elliott Schubert. He will only accept entries via post to: 11 Everest Road, London SE9 6PX or call him on 07764 611401.

5. LCIF TROPHY

This trophy is awarded to Clubs who support the most projects under LCIF not necessary the most money raised or Melvin Jones Fellowship awarded. Results are judged on information obtained from District Officer's Report and from MNA report so don't forget to include all relevant information.

For further details call Lion Kumar Acharya on 07979651203 or email kumar_acharya@hotmail.com

6. OTHER COMPETITION

There are few competitions held on the day of the Convention; Club Newsletter Competition. You need to bring 2 copies of the club newsletters and display at the Convention. The winner will be judged on the day. Similarly there is a scrap book competition; this will also be judged on the day.

First Timer at Convention If any of your club member is attending the Convention for the first time, they will be given a form where they have to get as many signatures from other Lions members present at the Convention. Points awarded for each signature and these will be based on the Ranking of the Lion member i.e. 25 points for a signature from each Past District Governor. There are also points for signatures from International District visitors, current District Officers; any other Lion Member. Member with the highest point will win this trophy.

If you have any queries or need more detail about any of the above competitions please contact Lion Dinesh Shonchhatra (Competition Officer) on 07956810647 or email majorsest@aol.com. Please cc me into any competition you enter that way I will make sure it will get to right person.

All entries to be submitted by 15th February 2016.

Don't forget to book for Senior Citizen's Celebrations

Senior Citizens Celebrations 2016 will be held at Harrow Leisure Centre on Sunday 28th February 2016. Please ensure that your Club is taking part. Contact PDG Lion Parveen or PDG Lion Ken Rouse.



DG Meena's Message



I must admit, having just returned from Council of Governors Meeting at Sollihul there is information overload to say the least!

Redistricting- Resolutions will be put forward at MD Convention in Eastbourne this coming May. An email will be sent out to clubs shortly on this subject. Our very own Convention on 4-6th March will see a presentation on redistricting by Council Chairman Lion Simon Moss in the afternoon. Please attend our Convention at Thistle London Heathrow to learn more.



Visit to Lions Club of Kenton

Charitable Incorporated Organisation(CIO) is on our doorstep. Very soon all clubs will receive a form. Kindly return the form before 31st March to District Treasurer as per instructions. Once again for the benefit of all clubs there will be a presentation on CIO at our Convention on the 5th of March given by Lion Linda Picton who is our MD GLT officer and one of the team trained in implementing CIO in our MD.

Our Cabinet meeting in January was very successful. Cabinet had a chance to hear the Young Ambassador Finalist and we congratulate Evie, a very worthy candidate to progress further to MD finals in February. Zone Chairs had a very interactive session with District Officers learning about various activities and updates with their portfolios. I am sure Clubs will be updated by Zone Chairs at forthcoming Zone meetings. I would urge clubs to invite Specialist District Officers and learn on what they may be missing out on. Like wise I would request all District Officers to get in touch with clubs and introduce their projects and see how we can increase activity within our communities. Remember we still have five months of our year remaining!

Made seven Club visits in January and may I thank all for their hospitality. Our forthcoming Convention has certainly taken precedence. Convention Committee has been working non-stop and we are looking to have an excellent Convention. However any convention wouldn't succeed without your support. On behalf of the committee may I urge all to book soon without leaving it to the last minute! Your co-operation here will be much appreciated by one and all. The Convention program is shaping up very well.



30 year Chevron to Lion George of Club Branch London West

Some of the highlights are as follows:

- Friday Host Night on 4th March entertainment by Saxophonist who played with Boney M
- A very impressive line up of Guests including from our Twinned Districts of Poland and Germany. Latest additions Council Chairman and MD officers.
- Opening of Convention by Mayor of Hillingdon to stirring music
- Brand new competition for all first timers to Convention
- Super Displays by clubs from all over the District, exhibiting their work in Convention Hall
- Many interesting Stalls on display in the foyer.
- A chance to hear our Centennial Officer and get the latest updates from him
- Meet and have your say on Lionistic issues with our International Guest PID Gudrun who is also the first lady endorsed candidate for 2nd Vice International President
- Presentation of many awards....witness first hand if your club or your member is a winner
- A chance to understand the current significant changes within our Multiple District.
- You may just want to be attending our AGM on Saturday simply to enjoy our Tail Twister!
- Saturday night Banquet & Ball will surely rock to Music by Breakthru
- Certainly an event to meet up with new and old friends from all over the District and beyond in very pleasant surroundings
- **SO PLEASE send your BOOKING form to Lion Kumar Acharya NOW!**



Visit to Lions Club of Staines and Ashford

Naresh and I look forward to meeting many of you at Convention. May we thank you for all the innovative ways you choose To Serve. It is you who make our District so successful and our collective endeavors ensure the people we serve find comfort in our deeds.

DG Meena

My Diary February 2016

- 3rd Feb Lions Club of Thame - OV
- 4th Feb Lions Club of Milton Keynes Central - OV
- 5 -7th Feb District Convention 105C
- 7th Feb District Quiz Final
- 9th Feb Lions Club of Amersham and Chesham - OV
- 10th Feb Lions Club of Winslow - OV
- 12th Feb Lions Club of Osterley Meeting
- 16th Feb Lions Club of Sudbury - OV
- 17th Feb Lions Club Of London Acton - OV
- 18th Feb Lions Club of Moor Park - OV
- 20th Feb Lions Club of Ruislip 40th Charter Celebrations
- 28th Feb Senior Citizens Celebrations

OV = Official visit